

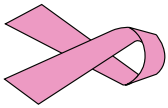
Fox Trot

Shaker Community Charitable Fund's
4th annual Fall 6k trail race/walk

September 21, 2013
at 10:00 a.m.
(rain or shine)



*A race to benefit the
Shaker Community Charitable Fund,
supporting Lakes Region families.*



Supporting Sponsors include:

Piche's

Advanced Onsite Solutions, LLC

Granite State Race Services

Wharf Industries Printing

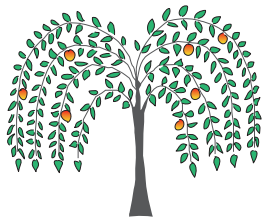


Shaker Community Charitable Fund, Inc.
P.O. Box 77
Canterbury, NH 03224

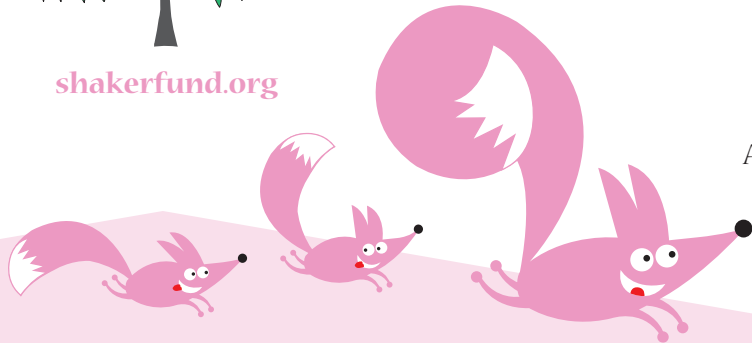
Welcome to the 4th Annual Fox Trot event, created to help support Canterbury resident and Portsmouth Fire Fighter Sarah Fox and her family. Sarah was diagnosed with breast cancer on October 9, 2007 and lost her battle with the disease in December 2011.

In keeping with our mission, the Shaker Community Charitable Fund (SCCF) hosts this event to help support Lakes Region families. In 2012, we awarded two scholarships to deserving high school graduates continuing their education.

Please help support this worthy cause by becoming involved with this wonderful event.



shakerfund.org



Details

6k trail race, all dirt roads, small hills and beautiful scenery. Walkers welcome.

Date: September 21, 2013 (rain or shine)

Time: 10:00 a.m. start. 11:30 BBQ

Registration: coolrunning.com or shakerfund.org or walk-in registration 8:00-9:30 a.m.

Location: 164 Briar Bush Road, Canterbury, NH (Fox Country Smokehouse)

Cost: \$20 Adults 18 and over, \$10 Students 7-17, free to children 6 and under. Cost includes; Tee shirt (while supplies last), Keller's Famous - Dry Rub BBQ chicken, pig roast and SMOKE HOUSE food!

Prizes: Awarded to the top two winners in each male and female category

Fox Smoke House to provide Smoke House prepared food for all runners

Pre-register for race by August 21, 2013 and receive a tee shirt.

For other registrations and/or donations please use the attached form and send checks to:

Shaker Community Charitable Fund, Inc.
P.O. Box 77
Canterbury, NH 03224

For additional information call
Advanced Onsite Solutions, LLC at: 783-8042

Race registrant limit is 300.

We anticipate this to be reached quickly so be sure to sign up ASAP!

Registration/Donation Form (one per person)

Name: _____ Age: _____

Address: _____ City: _____ State: _____ Zip: _____

E-mail: _____

Select T-Shirt Size: Small Medium Large Xtra Large

Adults (18 and older) _____ x \$20.00 = _____

Students 7-17 _____ x \$10.00 = _____

6 & under _____ x (free) = _____

Donation _____ = _____

Total = _____

In consideration of this entry, I hereby waive release and discourage any and all claims that I may have against the Shaker Community Charitable Fund, Inc., the town of Canterbury or any sponsors and officials, for injuries of any manner resulting or arising from my participation in this event. I further attest that I am in proper physical condition to participate in this event.

Please make checks made payable to the SCCF

Signature of applicant: _____
(or Parent/Guardian if under 18)